



A Message From The President September 2016



Ken and I recently participated in a five-day silent retreat at La Casa de Maria. Well, it wasn't quite "silent". There were a few lectures and time to talk with a personal spiritual director. I chose to use my time to reflect on art making. I did a few sketches and watercolors of the beautiful grounds around La Casa, read and re-

read some books on art and creativity, walked the trails and swam in the iconic 1930s pool.

Here are some of the insights I got.

One of our facilitators was responsible for an art area. I watched her set up the tables with cheap Michael's art supplies, kids' markers, broken oil pastels, dried out tubes of acrylic, and I thought, Ugh! Who would want to work with those uninspiring materials. But by the second day, I found myself working at the art table for hours, messing around with big sheets of newsprint, crayons, and weird acrylic colors, abstractly expressing who knows what! It was so liberating. Why not start my time in my studio doing exactly that...making a mess, experimenting with color, line, materials that I don't normally use.

Another insight. I was reminded that in yoga one might begin by first, establishing focus, then feeling your way into the posture, and finally shifting and adjusting to maintain balance. How interesting that the same seems to be true for me in art. First, focus to figure out what I am painting: what is the subject? what medium? what format? what colors and brushes? Then taking my time to work through the layers of the painting to feel my way into the image I want to create. Finally shifting and adjusting color, brushwork, values to establish and

maintain the balance and the intention of the work. All that takes hard work, time and paying attention....and reminds me to slow down, think about next steps and stop rushing to finish.

There is a labyrinth at La Casa that we walked, slowly, letting the air and our footsteps open up new awareness. The labyrinth is in the "bosque", the ancient oak forest on the grounds that has been home to the ancient native peoples, the Chumash, the Spanish and now us. When you "get lost" in the labyrinth you lose sense of direction and of where you are on the journey. With all the twists and turns, it's hard to know when you are approaching the center and when you are almost at the exit. I thought, why not try that approach with my sketching. Using contour lines, start to draw and let myself get lost in tracing the image before me. Don't worry about when it will be finished or what the finished product will look like. Just relax into the process and enjoy what you discover.

The GVAA Stow House Art Festival, Sept. 17, promises to be a lovely day among art lovers. Be sure to promote this event to your friends, family and art customers who want to support you in your art making. See you there!

IMPORTANT REMINDER

Please be aware that the Goleta Library does not allow us to store artwork that has not been picked up. No exceptions. If you forget, or are unable to pick up your paintings from an ingathering, or a critique, both the Library and the Goleta Valley Art Association are not responsible for art left behind. We encourage you to help out a fellow member whenever possible, and pick up paintings for each other. THANK YOU for your cooperation!



Upcoming Events and Opportunities

COMING SOON!!! Saturday, September 17, GVAA Stow House Art Festival

Have you applied yet to be a participating artist in our Stow House Festival? If not, application forms are available on our website, Click [HERE](#) to download an application form for panels, booths or to enter one or two pieces for the group display.

It is good to consider themes such as images of Stow House and Lake Los Carneros. Smaller works, cards, and gifts are always popular, but don't hesitate to show your larger works. If you would love to donate an art piece for our raffle, or if you would be interested in doing an art demonstration at the Stow House Festival, please contact euflanagan@gmail.com ASAP!

We'd love to have you join the Stow House organizing/volunteer committee. How would you like to help?

We are looking for: *Strong arms to help with set up and take down on Saturday. *Cashiers to learn the credit card and cash sales "ropes." *Artists willing to do demonstrations during the day. *Children's' art activity assistants.

What ideas do you have to help make our 12th Anniversary Stow House Festival the best yet? Contact Elizabeth euflanagan@gmail.com.

12th Annual GVAA Sponsored
Art Festival
at
Stow House

Saturday Sept. 17
11AM to 5PM

Free Admission ~ Local Artists
Raffle ~ Live Music

Please join Adria Abraham, Elizabeth Flanagan, and Holly Hungett in the upcoming informal **SKETCH-OUT** sessions. Next sketch session meets Sunday August 28, 1-3p at the PASEO NUEVO MALL, upstairs in the courtyard in front of the Museum of Contemporary Art. There is an elevator nearby. Bring your sketch chair, umbrellas, hats, sunscreen, sketchbooks, and pens/pencils, etc. Come participate in this fun opportunity to sketch in a group! All skill levels are welcome. Friends and guests are welcome too! Although we are not officially affiliated with URBAN SKETCHERS, we model our group after this idea; click [HERE](#) and check out the blog link for sketches from around the world!! Questions? Email Holly at hollyh@sbceo.org, or call 705-4367. You may also call Elizabeth 805-886-0020 if you need info the day of the event. **SAVE THE DATES** for future Sketch-Out sessions on Sunday, September 25 from 1 - 3p at the Andrée Clark Bird Refuge on Los Patos Way and October 16, at Tucker's Grove. Details to follow.

IN MEMORIUM

We note with sadness, the passing of another one of our own. As a board member and past president of GVAA, Peter Worsley changed the way we thought of presenting, marketing and selling our art. He was instrumental in creating our December Picassos for Peanuts shows. And his remarkable paintings of folks living their ordinary lives invited us to tell stories about his paintings and to reflect on our own lives and art. He will be missed by all who knew him.



August Library Show Awards by John Hillis Sanders

Adria Abraham	<i>Midsummer Sultry</i>	acrylic
Bruce Birkland	<i>Magenta Staircase Butterfly</i>	acrylic
Marie Isabelle Dalbadie	<i>Full Moon, Shoreline</i>	photo
Rick Drake	<i>Two Hogans</i>	oil
Lena Savage	<i>Sarawak</i>	watercolor
Karen Schroeder	<i>The Wolves Return</i>	multi/ woodcut print



Harmony Through Water by Vandana Khare

The Garage Painters Breaking for Pie by **Christine Richards**



July People's Choice Awards

1st: Bruce Kirkland	<i>Journey to Namaqualand</i>	acrylic
2nd: Jerilynne Nibbe	<i>Life Is</i>	woodcut/chine collé
3rd: Christiane Richards	<i>Red, White, and Blue Berry Pie</i>	acrylic

September Library Show Juror is Nicole Strasburg

Nicole Strasburg is a native Californian painter and printmaker. She received her B.A. in Drawing & Painting with Honors from UCSB and has been painting professionally since 1999. Strasburg's artwork has been exhibited in numerous solo and multiple group shows, as well as many invitationals including the Los Angeles County Museum of Art. She is a member of both the Los Angeles and Santa Barbara Printmakers Associations, and she has received numerous awards over the years including the individual Artist Award from the Santa Barbara Arts Fund.

Click [HERE](#) to view the entire calendar year on our website.

Goleta Library Ingatherings: 10:30a-1p, pick up unselected artworks: 3-5p.

Critiques & takedown: 6:15-8p.

Wednesday, August 31	Critique and Takedown	Goleta Library
Friday, September 2	Ingathering, Juror Nicole Strasburg	Goleta Library
Wednesday, September 28	Critique and Takedown	Goleta Library
Saturday, September 17	Stow House Art Festival	Stow House, Goleta



MEMBERS' EVENTS

GOOD NEWS

CONGRATULATIONS



Terre Martin Sanitate is part of the Fiesta Azul show at Casa Magazine through August 26. Her painting *Klink* can be seen in the SBAA August juried show at the Faulkner and *Sacred Trees* can be seen at Goleta Valley Library through August 28.

Pamela Benham's art studio will be open Saturday and Sunday, September 3 & 4, from 10a-5p, as part of the Santa Barbara Studio Artists Tour, at 93 Placer Dr, Goleta (Storke exit) where a map of the Tour can be purchased. Her painting, shown on the next page, *Big Red Shape*, is now in the SBSA Tour Preview Exhibit at the Corridan Gallery, 125 No. Milpas Street through September 4, where a reception will be held Friday, September 2, from 5 - 8p. Her two person exhibition with Charlene Broudy, *Radical Harmonies* can be seen through September 10 at Gray Space Gallery, 219 Gray Avenue, in the Funk Zone.

Christine Brallier, Wendy Brewer, and Betsy Gallery are creating a one-evening Pop-Up Mosaic Gallery at Menelli Trading Company, 1080 Coast Village Road. The wine and appetizer reception is on September 29 from 5 to 8p. Visit www.menellitradingco.com for details.

Terri Taber is happy and honored to have her painting *Devereux Mirror* included in the Pastel Society's West Coast Annual International Open Exhibition, *Pastels USA*, one of the most prestigious annual international open exhibitions in the world of pastel.



The exhibit is located at 835 Main Street, Morro Bay, and runs from September 20 to October 30.

Debbie Watts was invited to be the first featured Artist of the Month in July at Distinctive Gallery and Frame, a relatively new gallery located at 1333 State Street, next to Opal Restaurant. Debbie sold her painting *Untitled*, shown above, at the reception.



Ruth Ellen Hoag's paintings are currently in three juried international exhibitions. *Overtones*, at Rocky Mountain National Watermedia Exhibition will run through October 25 at Foothill Arts Center, Golden, CO. *Baby Buggies* is at San Diego Watercolor Society through October 31, and *Festival* at Western Federation of Watercolor Societies in Arvada, CO, through August 28. She is participating in Santa Barbara Studio Artist's Open Studio Tour, Saturday and Sunday Labor Day weekend from 11a - 5p. Her studio, Whistle Stop Art Studios is located at 220 W Canon Perdido, Suite D. All are welcome. More info about the Tour is at www.SantaBarbaraStudioArtists.org.

Adria Abraham sold her black and white *Soft Summer Morning* at the GVAAG critique by Juror Bruce Robertson as she was carrying it out to the car! Adria has also been commissioned to paint a landscape of another art lover's favorite place to visit and hike each year, the eastern Sierra area near Mt. Whitney, pictured below.

Adria has recently tried and recommends a free web site called Croquis Cafe for drawing from a live model. "The poses I saw were tasteful and the lighting is very nice." To give it a try, click [HERE](#).





Workshops

Events

Opportunities

A wonderful opportunity is available to **GVAA members** (individuals or groups) interested in having their art exhibited on the **Community Art Wall at Goleta Valley Cottage Hospital**. Tanya Gonzales, Development Officer of the Goleta Valley Cottage Hospital Foundation is coordinating the exhibits. If you are interested, the next show will begin October 24 and run for four months. You will need to contact Tanya by email at t2gonzal@sbch.org **before September 21**, and include images of your work. Guidelines as follows: *Landscapes, ocean scenes and other images that are calming which fit with the Healing Arts Program are requested. *We prefer no abstracts but some collage may be considered. *The art must be framed and wired for hanging. *No art can weigh more than 20 pounds. *Sculptures are not accepted. *The art will be for sale with the artist's name, title of image, media and phone number listed on the Title Card, created by the artist. *The exhibit space is 42' long and 9' high.

Download your prospectus for **ArtWalk at the Museum of Natural History** held September 24 & 25 by clicking [HERE](#). Artists are requested to deliver each entry for jurying on Monday, September 19.

Gallery 113 is having its October show, Beauty at it's Best, to benefit Los Padres Forest Watch. Open to all artists, all styles and all media, both 2 and 3D! There will be cash prizes and artists will receive 50% of sales. We hope you will participate for this good cause! Click [here](#) for entry details. Ingathering is Sunday, October 2 from 10a-1p.

Join **Rick Osgood** for his 8-week watercolor course at the Schott Center, Room 5, entitled **Beginning Watercolor: Starting Right, Painting Loose**, from September 6 - October 25. Course Number: 402431.

SCAPE invites us to attend their **workshops** for members and non-members: Treat yourself to a day of painting in a day-long workshop with oil painter, pastel and watercolor artist **Rodolfo Rivademar** on September 17, or to three

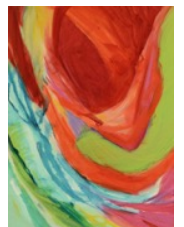
luxurious days of painting en plein air in oils with **Camille Dellar**, October 21-23 at a SB location TBA. Click [HERE](#) for details on their workshops and to sign up through the Scape website. Workshops fill up fast!

Whistle Stop Art Studios, at 220 W. Canon Perdido, has added a new class for watercolor and acrylic painters, Saturdays 1:30 to 4:30p. This class is for beginning to intermediate level artists, while the 10:00 to 1:00 class is for experienced artists, intermediate to advanced levels. Contact **Ruth Ellen Hoag** at Ruth@ruthellenhoag.com or call 805-689-0858.

Please check out the **GVAA Facebook page** click [HERE](#) or go to www.facebook.com/tgvaa/timeline for interesting art related articles and inspiration. We are adding more photos of GVAA art and artists, awards and event photos. If you have an interesting article or inspiration to share, please email Holly at hollyh@sbceo.org

The Santa Barbara Art Association invites artists to apply for membership Monday, September 26 from 10a - 12:30p at the Faulkner Gallery, 40 E. Anapamu St. For information about the requirements, visit their website under Information tab www.SBartassoc.org or email SBAAdata@aol.com or phone (805) 963-1026.

2016 Santa Barbara Studio Artists Annual Open Studios Labor Day Tour hosts forty-two studios plus ten new artists this year on September 3 & 4. On Friday, September 2, there will be an artist's reception at The Corridan Gallery on Milpas St. from 5 - 8p. William Sansum Diabetes Center will be the beneficiary of all admission tickets sold. Tickets are available online at www.santabarbarastudioartists.com



Big Red Shape by Pam Benham



If you know of someone in need of encouragement or cheer, please notify our sunshine gal, Janet Hart at hartjanet84@gmail.com

**Please welcome new members
and update your Directory:**

Vandana Khare
vandana87@hotmail.com

Suzie LaCabe Rosen
sglacabe@cox.net

Marie Isabella Dalbadie
marieisabelle.dalbadie@cox.net

**We have a varied and rich art
community~ click on a name below to
make a connection!**

**[Southern California Artists Painting for
the Environment SCAPE](http://www.s-c-a-p-e.org/)**
<http://www.s-c-a-p-e.org/>

[Santa Barbara Arts Collaborative](http://sbartscollaborative.com/)
<http://sbartscollaborative.com/>

[Santa Barbara Art Association SBAA](http://sbartassoc.org/)
<http://sbartassoc.org/>

[Abstract Art Collective AAC](http://abstractartcollective.com/)
<http://abstractartcollective.com/>

[The Oak Group](http://www.oakgroup.org/)
<http://www.oakgroup.org/>

[Santa Barbara Print Makers](http://www.sbprintmakers.com/)
<http://www.sbprintmakers.com/>

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